

Lunch

April 2010

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Black Eyed Pea Stew w/fresh Tomato Salsa and Corn Chips Milk	2 Cheese Pizza Celery Sticks w/dip Milk
5 *Hot Hamburg on Mashed Potato w/gravy Green Bean Toss Milk	6 Onion Basil Quiche Steamed Broccoli and Roasted Cauliflower Milk	7 Unbreaded Baked Chicken Burgers Baked Vegetable Stew Milk	8 Italian Pasta Salad Whole Wheat Rolls w/Cabot Butter Milk	9 *Chili in a bread bowl w/local beef Toss Salad Milk
12 *Shepard's Pie w/garlic Mashed Potato Milk	13 Unbreaded Chicken Strips w/cream of Broccoli Soup Milk	14 Crusty Mac & Cheese w/Broccoli Milk	15 Vegetable Bulgar Green Beans & Carrots With Dill Dip Milk	16 *Breakfast Bake of Onions, Eggs, Spicy Sausage w/roasted Potato wedges Milk
19	20 NO	21	22 SCHOOL	23
26 *Build Your Own Burger Day Butternut Mashed Potato Milk	27 Chicken Fajitas Corn Chowder Milk	28 *Taco Day Special Salad Bar w/Local Beef Milk	29 Brown Rice Pilaf w/carrots and fresh dill Milk	30 *Sausage Pizza Cucumber Dill Salad Milk

Breakfast served daily from 7:30 – 8:00

Choices for breakfast are

Cereal, Fruit, Yogurt, String cheese and Milk

WES IS A NUT FREE ENVIRONMENT.

Sunflower butter and jelly served on whole wheat bread.

*** This symbol represents all beef in entrée is from the
Cloudland Farm! Sausage is from the Yates Farm!**

**A salad bar with fresh vegetables, yogurt will be available
daily!**