

Lunch

February 2010

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1 French Onion Soup Whole Wheat Bread/ Butter Fruit Milk	2 Meatloaf Potato Fruit Milk	3 Whole Wheat Spaghetti w/sauce Fruit Milk	4 Hot Dogs Beans Fruit Milk	5 Cheese Pizza Salad Fruit Milk
8 Chicken Noodle Soup Whole Wheat Bread/ Butter Fruit Milk	9 Baked Ham Potato Fruit Milk	10 Whole Wheat Rotini w/margarine Fruit Milk	11 Chicken Patties Cole Slaw Fruit Milk	12 Pepperoni Pizza Salad Fruit Milk
15	<u>NO</u>	<u>SCHOOL</u>	<u>WINTER</u>	<u>RECESS</u>
22 Tomato Soup Whole Wheat Bread Fruit Milk	23 Chicken Nuggets Fries Fruit Milk Milk	24 Whole Wheat American Chop Suey Fruit Milk	25 Hamburgers on whole wheat Buns Green Beans Fruit Milk	26  Sausage Pizza Salad Fruit

Breakfast served daily from 7:30 – 8:00
Choices for breakfast are
Cereal, Fruit, Yogurt, String cheese and Milk

WES IS A NUT FREE ENVIRONMENT.

In addition to the main selection, a choice of sandwich (lunch meat, egg salad, or sunflower butter and jelly) served on whole wheat bread, along with salad and fruit will be available daily at the regular lunch price.




This symbol indicates that the listed item includes local products such as herbs and vegetables are from our school garden!

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				Milk
25 Corn Chowder Whole Wheat Bread w/ Butter Fruit Milk	26 Shepard's Pie Fruit Milk	27 Whole Wheat Pasta w/cheese Fruit Milk	28 Chicken Salad in whole wheat wrap Green Beans Fruit Milk	29  Yates Farm Sausage Pizza Salad Fruit Milk

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