


Lunch

March 2010

Lunch

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|--|
| 1 Tomato Soup Tuna Roll Fruit Milk | 2 NO SCHOOL | 3 Vegetable Beef Soup Egg Salad Fruit Milk | 4 Hot Dogs Beans Fruit Milk | 5 Cheese Pizza Salad Fruit Milk |
| 8 Corn Chowder Whole Wheat Bread/Butter Fruit Milk | 9 Pork Riblets Potato Fruit Milk | 10 Whole Wheat Spaghetti w/sauce Fruit Milk | 11 Chicken Patties Corn Fruit Milk | 12 Cheese Pizza Salad Fruit Milk |
| 15 Chicken Noodle Soup Wheat Bread/Butter Fruit Milk | 16 Pork Roast Potato Fruit Milk | 17 Rotini w/margarine Fruit Milk | 18 Hamburgers on whole wheat Green Beans Fruit Milk | 19 Cheese Pizza Salad Fruit Milk |
| 22 Clam Chowder Whole Wheat Bread/Butter Fruit Milk | 23 Taco Boats Fruit Milk | 24 Ravioli Fruit Milk | 25 Fish Patties Carrots Fruit Milk | 26  Sausage Pizza Salad Fruit Milk |
| 29 Hamburger Soup Whole Wheat Bread/Butter Fruit Milk | 30 Baked Ham Potato Fruit Milk | 31 Fettuccini Alfredo Fruit Milk | | |

Breakfast served daily from 7:30 – 8:00
Choices for breakfast are
Cereal, Fruit, Yogurt, String cheese and Milk

WES IS A NUT FREE ENVIRONMENT.

In addition to the main selection, a choice of sandwich (lunch meat, egg salad, or sunflower butter and jelly) served on whole wheat bread, along with salad and fruit will be available daily at the regular lunch price.



This symbol indicates that the listed item includes local products such as herbs and vegetables are from our school garden!